

*Croton-on-Hudson
Recreation Department
Winter 2012
Recreation Programs*



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VILLAGE of CROTON-on-HUDSON

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Valerie Nolan, Director of Senior Recreation
Barbara Salvatore, Office Assistant
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Rudy Fasciani, Park Groundsman
Ron Martinson, Park Groundsman

RECREATION ADVISORY COMMITTEE

John Giglio, Chairperson
Missy Corvinus Pete Sedlmair
Jane Murtaugh Denise Weale
Maria Slippen Glen Wolland

Office Phone	(914) 271-3006
Youth/Teen Program	(914) 271-8562
Senior Citizens	(914) 271-5804

MISSION STATEMENT

It is the mission of the Village of Croton-on-Hudson Recreation Department: to create and maintain aesthetically pleasing, safe, healthful, and enjoyable areas for residents; to provide positive, cost effective leisure opportunities which promote individual and community wellness for children, youth, adults and seniors; to promote the preservation and appropriate utilization of the Village's recreational resources.

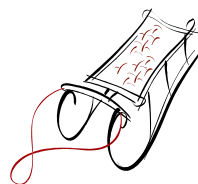
2012 REGISTRATION INFORMATION

This brochure provides a description of programs, facilities and special events offered for Winter 2012 by the Village of Croton-on-Hudson's Recreation Department. Most classes have limited availability and are offered on a first-come, first-served basis. Therefore, early registration is encouraged. Programs may be canceled due to insufficient registration.

Village residents are those who live within the boundaries of the incorporated Village of Croton-on-Hudson, and therefore pay taxes to the Village. The programs and facilities of the Recreation Department are also made available to those who reside within the Croton-Harmon School District yet outside the Village boundaries. In most cases, School District residents are required to pay a higher "non-resident" fee than Village residents; although they are given equal priority in the registration process. If there are still openings in certain programs after Village and School District residents have had an opportunity to register, the Department will consider non-resident applications, at a higher fee, on a per-program basis.

For some programs, the mail-in registration form located in the back of this brochure can be used. When mailing in a registration form, please send separate checks for each program. Mail to: Croton Recreation Department, Stanley H. Kellerhouse Municipal Building, One Van Wyck Street, Croton-on-Hudson, NY 10520. ***All checks or money orders should be made payable to:***

VILLAGE OF CROTON



We do not accept credit cards. Program fees will not be prorated. If you have questions or concerns about any of our programs or facilities, please call our office at 271-3006. The Recreation Department Office is located on the second floor of the Municipal Building; please feel free to stop by on a weekday between 8:30 AM and 4:00 PM. **Also, check out the Village's website at www.crotononhudson-ny.gov**

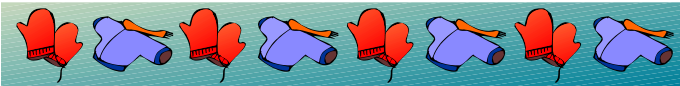
HOW TO WATCH A GOOD PROGRAM BE ELIMINATED

Nothing eliminates a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination, often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. **PLEASE REGISTER EARLY!**

REFUND POLICY

The Recreation Department does not issue refunds unless a program has been canceled due to insufficient registration. Registrants assume full responsibility for any changes in their personal life, which may affect their ability to participate. In rare cases, a participant may encounter an unforeseeable and unavoidable situation that they feel may warrant a refund of fees paid. These situations will be reviewed on an individual basis by the Recreation Supervisor, who will then make a refund determination. **No refunds will be made after the start of the first class or session.**

- All claims for refunds for classes must be requested in writing.
- A \$10.00 processing fee will be retained by the Village in all cases that refunds, partial refunds, or program section transfers are granted.
- There is an additional charge of \$20.00 on all returned checks.



FINANCIAL AID POLICY

It is the intention of the Village of Croton-on-Hudson Recreation Department to assist its residents in participating in certain recreation programs by offering financial aid to those who truly need it. Financial aid applications will be accepted for the following programs only: Senior Citizen programs excluding trips, and Croton Youth Program trips. Applications are available in the Recreation Office. Residents must be able to prove financial need. All information will be kept confidential.

MEDICAL INSURANCE

As an applicant for participation in recreation programs sponsored by the Village of Croton-on-Hudson, it is extremely important that you are aware that the Village of Croton-on-Hudson DOES NOT provide medical insurance in such programs. If you do not have a personal medical insurance policy, we urge that you secure one prior to enrolling in any programs. All persons participate at their own risk.

VILLAGE PARKS

When a group of 8 or more persons wishes to use a facility, an individual must request a permit from the Recreation Office. Specific fees, restrictions, rules and hours of use may apply depending on the facility requested and the use desired. Please inquire at the Recreation Office for specific details. In general, to assure our parks remain safe and clean for the enjoyment of the general public, the following restrictions apply:

- Swimming is **only** permitted at Silver Lake Park and **only** when a lifeguard is on duty.
- No dogs or any other domestic animals permitted except at the Croton Landing RiverWalk Trail and the fenced in area of Black Rock Park.
- No playing on athletic fields when a “Fields Closed” sign is posted. **Fields will close completely for the winter season. They will re-open sometime in April.**

Additional information regarding the use of Village parks may be found in Village Code Chapter 168 which is posted on the Village website. We appreciate your cooperation and hope you will enjoy your visit.

ICE SKATING

WEATHER PERMITTING, there will be **UNSUPERVISED** ice skating on the Duck Pond, Bungalow Road. The Recreation Department requires 6" (six inches) of ice for skating. A **GREEN FLAG** indicates the ice is safe. A **RED FLAG** indicates it is unsafe and skating is not permitted. Even when the ice is safe, for your own protection, never go skating by yourself.



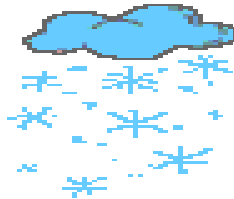
SUMMER EMPLOYMENT/SUMMER CAMP

The Croton Recreation Department offers summer employment opportunities in Day Camp, Tiny Tots, Lifeguarding, Gate Attendant and Park Maintenance. **POSITIONS FILL QUICKLY SO APPLY EARLY.** All applicants for paid positions must be at least 16 years of age. Contact the Croton Recreation Department at 271-3006 for an application or further information.

Our Day Camp and Tiny Tots program registration is held by lottery. The lottery process eliminates the long line and the need to be present on a specific date and time. **For 2012, the lottery registration deadline for Day Camp and Tiny Tots is Wednesday, April 11 at 12:00 noon.** You must register using the specific Day Camp or Tiny Tots triplicate form. **To be included in the lottery, your form(s) must be in our office before the deadline, completed and paid in full.** We suggest bringing your form(s) to our office in person, weekdays, between 8:30 AM and 4:00 PM. **The triplicate registration form will be available in our office and at locations in Croton in early March 2012.** Anyone who does not hand in their camp registration forms by the lottery deadline may register on a first-come first-served basis if space is still available.

INCLEMENT WEATHER POLICY

In case of inclement weather, listen to WHUD 100.7 FM radio for announcements or call the Recreation Office at 271-3006. If the Croton-Harmon Schools are closed due to inclement weather, all Recreation Department programs are canceled.



RECREATION BROCHURE/CONNECT CTY

Reminder: The Recreation brochure is no longer being mailed to Village residents. Sign-up to receive up-to-the-minute phone announcements and e-mails from the Village by going to the Village website at www.crotononhudson-ny.gov and look for the Connect CTY and Recreation links.

PHOTO I.D. CARDS

Beginning in January, the Recreation Department will be issuing photo I.D. cards to Village and School District residents on Tuesdays and Thursdays from 12:30 PM to 3:30 PM. Proof of current residency such as a valid driver's license AND a current utility bill or a current tax bill are required. (An expired I.D. card is NOT valid proof). The proof must be in the name of the person requesting the photo I.D. If your valid driver's license does not show a Croton street address, you must bring a second tax or utility bill in your own name. A fee of \$6.00 for Village residents and \$12.00 for School District residents is also required. The Recreation and Parks photo I.D. is required for entrance into certain Village parks such as Senasqua Park and Silver Lake Park, and it is required to register for certain activities such as play at Hudson National Golf Course and pavilion rental at Senasqua Park. The Village of Croton-on-Hudson and any of its employees reserves the right to ask for a Recreation and Parks photo I.D. card in order to establish proof of residency for any of its programs and facilities.

YOUTH ACTIVITIES

CROTON YOUTH/TEEN PROGRAM

The Croton Youth Program, directed by Doreen Pettit, will continue with trips and events throughout the year for middle school students. There will be drop-ins and movie nights (G thru PG) some Friday nights from 7:30 to 10:00 PM at the Municipal Building. Drop-in nights take place in the Community Room and game room with pool table, foosball, Xbox 360's, Wii, guitar hero and more! There is no fee and refreshments will be on sale. We strongly recommend making reservations for all trips by calling 271-8562.

The specific schedules will be available in the Recreation Office, on the Village website at www.crotononhudson-ny.gov and in the Village kiosk at Croton Commons. For updates and more information on middle school activities, call the Croton Youth Program at 271-8562 or the Recreation Office at 271-3006.

YOUTH EMPLOYMENT SERVICE

If you are looking for someone to fill a job on a one-time or on-going basis, the Croton Youth Employment Service is for you! Some of the jobs we've filled include baby-sitting, petsitting, light house cleaning, yard work, party helpers and more. Stop by the Recreation Office on the 2nd floor of the Municipal Building and pick up a Youth Employment Referral list or give us a call and we'll mail you one. **Please note that the Recreation Department does not check references for anyone on the employment list. We strongly suggest you do so before hiring anyone.**

If you are looking for work in the area, it's for you too! To register and be put on the referral service list, drop by the Recreation Office and pick up a form or give us a call and we'll send you one. **In order to remain on the list, you must give us updated information at the beginning of each school year.**



COMMUNITY PLAYGROUP

Act.# 1300 Sec. 2

Dates: Tuesdays, beginning January 24
No class February 21

Time: 9:45 - 11:00 AM

Location: Municipal Building Community Room

Fee: \$80.00 Village residents for 8 sessions
\$96.00 non-residents

Ages: 18 months – 36 months

Registration Deadline: January 20

Instructor: Victoria Barillaro



Join our community's youngest members on Tuesday mornings for explorative play, story time, music, crafts, movement and snack.

WINTER BREAK PROGRAMS

Act.# 3060 Sec. 4

Intro to Lego Robotics Jr.

Date/Time: Tuesday, February 21 9:00 AM - 2:00 PM

Location: Municipal Building Community Room

Fee: \$50.00 Village residents
\$60.00 non-residents

Grades: 1 – 5



Registration Deadline: February 17

In this new program, students will build LEGO models with working motors and sensors. A computer will be used to program robots made from Legos. All students will take home a Hexbug Larva Robot which senses and avoids objects. **Bring a non-perishable lunch as children will not be permitted to leave for lunch!**

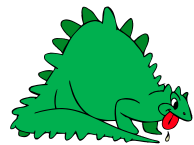
Diggin' for Dinosaurs, Rocks and Crystal **Act.# 3040 Sec. 1**

Date/Time: Wednesday, February 22 9:00 AM - 3:00 PM

Location: Municipal Building Community Room

Fee: \$55.00 Village residents
\$66.00 non-residents

Grades: 1 – 6



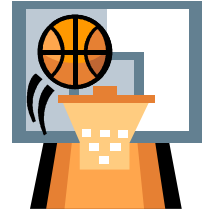
Registration Deadline: February 17

Young scientists will excavate and assemble complete skeletal replicas from simulated fossilized rock. Dig for T-Rex, Triceratops and more! Unearth rocks, minerals and crystals. All students will take home a unique rock and mineral collection. **Bring a non-perishable lunch as children will not be permitted to leave for lunch!**

YOUTH BASKETBALL

Act.# 1400

- Section 1: Grades 1-3**
- Dates:** January 7, 14, 21, 28
February 11, 18, 25
- Grades/Times:** Grade 3 9:00 - 10:00 AM
Grade 2 10:00 - 11:00 AM
Grade 1 11:00 AM - 12:00 PM
- Location:** PVC Middle School Gym - New Gymnasium
- Fee:** \$55.00 Village residents
\$65.00 non-residents
- Registration Deadline:** December 30



- Section 2: Grades 4-6**
- Dates:** January 7, 14, 21, 28
February 11, 18, 25
- Time:** 10:00 - 11:00 AM
- Location:** PVC Middle School Gym - Old Gymnasium
- Fee:** \$55.00 Village residents
\$65.00 non-residents
- Registration Deadline:** December 30

Grades 1-3 will learn basic basketball skills such as ball handling, passing and shooting. Grades 4-6 will learn more advanced basketball skills and will scrimmage.

AVIATION CLUB

Act.# 1062 Sec. I

- Dates:** Thursdays, beginning January 26
No class February 23
- Time:** 3:30 - 4:30 PM
- Location:** Municipal Building Community Room
- Fee:** \$80.00 Village residents for 5 sessions
\$96.00 non-residents
- Grades:** K- 2
- Registration Deadline:** January 20



Instructor: Hobby Quest

In this class students will learn how to DESIGN, BUILD and FLY their own real, super cool, amazing model airplanes made from scratch! Each student will take home four projects. Come join the fun!

CO-REC KIDS WRESTLING

Act.# 1065 Sec. I

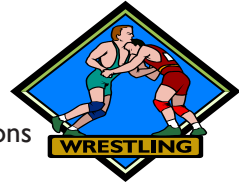
Dates: Wednesdays, beginning January 4
No class February 22

Time: 6:45 - 8:00 PM

Location: PVC Cafeteria

Fee: \$55.00 Village residents for 8 sessions
\$66.00 non-residents

Grades: 3 - 8



Registration Deadline: December 30

Instructor: Tom Denholm, CHHS Asst. Varsity Wrestling Coach

All participants are required to wear wrestling gear, sneakers, and shorts: wrestling shoes and knee pads are suggested. This program will introduce basic techniques utilized in scholastic wrestling. Participants will develop confidence and fitness.

CO-REC YOUTH LACROSSE

Act.# 1075 Sec. I

Dates: Saturdays, beginning February 25

Times: 9:00 - 10:00 AM

Location: PVC Old Gym

Fee: \$50.00 Village residents for 6 sessions
\$60.00 non-residents

Grades: 1 - 2



Registration Deadline: February 19

Instructor: Joe Streaty, Jr.

This instructional, non-competitive program provides an introduction to the fundamental skills of the game. Helmets are suggested; children must wear sneakers. Junior sticks and balls will be provided.

HIGH SCHOOL SNOWBOARD/SKI PROGRAM

Reminder - Grades 8 -12! Daily tickets are still available in the Recreation Department for \$40.00 each to Mountain Creek, Vernon, NJ. The four scheduled trip dates are: 1/7, 1/21 2/4, 2/11. Bus fee is \$25.00 per trip or \$85.00 for all four trip dates. For more information call the Recreation Department at 271-3006.



JIMINY PEAK TRIP

Act.# 1063 Sec. I

Date/Time: Saturday, March 3 7:15 AM - 6:30 PM

Fee: \$85.00 Includes transportation and lift ticket

Grades: 6 - 12



Registration Deadline: March 1

We are partnering with Briarcliff Manor and New Castle Recreation Departments for this one day fun trip! Departs Briarcliff Manor Recreation (5 Van Luvan Road, Briarcliff Manor).

CHALLENGERS BASKETBALL CLINIC

Act.# 1500 Sec. I

Date: Saturday, February 4

Snow Date: Saturday, February 11

Time: 10:00 AM - 12:00 PM

Location: PVC Middle School - New Gym

Fee: \$5.00 Village residents

\$8.00 non-residents

Ages: 8 - 21

Registration Deadline: February 3

Croton Recreation Department invites boys and girls with special needs to join in a morning of fun. Have a great time learning basketball drills and skills with members of the CHHS Boys and Girls Varsity Basketball Teams. Fun and safe, the clinic is for young people with physical and mental challenges.



CREATE A SKATE

Dates: Wednesdays, March 7, 14, 21

Time: 3:30 - 5:30 PM

Location: Municipal Building Community Room

Fee: \$80.00 Village residents for 3 sessions

\$95.00 non-residents

Grades: 5 - 12

Registration Deadline: March 2

Instructor: 2nd Nature Skate Shop

Build and design your own unique skateboard in this workshop! Each student will craft their own board to take home. Join the fun! To register, please visit 2nd Nature's website at: www.2ntr.com



ADULT ACTIVITIES

TOTAL BODY WORKOUT

Act.# 2025 Sec. 2

Dates: Thursdays, beginning January 12
No Class February 23

Time: 7:30 - 8:10 PM

Location: Municipal Building Community Room

Fee: \$60.00 Village residents for 8 sessions
\$75.00 non-residents



Registration Deadline: January 9

Instructor: Brenda Kostulas, CPT, Physical Victory Inc.

This is a 40 minute class which targets every body part. We will work on strengthening and defining all areas. The class will end with stretching.

ZUMBA

Act.# 2022 Sec. 1

Dates: Wednesdays, beginning January 18

Time: 5:30 - 6:30 PM

Location: Recreation Conference Room

Fee: \$60.00 Village residents for 8 sessions
\$75.00 non-residents



Registration Deadline: January 13

Instructor: Suzi Myers Tipa

Zumba is a dance-fitness class based on international rhythms. Dance your cares and calories away in this high energy, highly fun class as you tone and sculpt your body, mind and spirit!

INTRODUCTION TO COASTAL NAVIGATION

Dates: Sunday, March 18

Time: 12:00 - 5:00 PM

Location: Recreation Conference Room

Fee: \$104.50 Village residents plus \$75.00 for materials
\$110.00 non-residents plus \$75.00 for materials

Registration Deadline: March 16

This introduction to navigation will teach the navigational techniques you need to sail safely in coastal or inland water. To register, contact the Croton Sailing School at (914) 271-6868 or discover-sailing@crotonsailing.com You may also visit the website at www.crotonsailing.com for details.

YOGA CLASSES

Act.# 2096

Section I: Gentle Yoga I

- Dates:** Mondays, beginning January 23 for 9 sessions
No class February 20
- Time:** 9:30 - 11:00 AM
- Location:** Recreation Conference Room
- Fee:** \$115.00 Village residents \$140.00 non-residents
- Registration Deadline:** January 20

This is a nurturing yoga class designed for students at all levels.

Section 2: Gentle Yoga II

- Dates:** Wednesdays, beginning January 25 for 9 sessions
No class February 22
- Time:** 9:30 - 10:30 AM Only one hour!
- Location:** Recreation Conference Room
- Fee:** \$80.00 Village residents \$96.00 non-residents
- Registration Deadline:** January 20

This is a nurturing yoga class designed for students at all levels.

Section 3: Gentle Yoga III

- Dates:** Wednesdays, beginning January 25 for 9 sessions
No class February 22
- Time:** 7:30 - 9:00 PM
- Location:** Recreation Conference Room
- Fee:** \$115.00 Village residents \$140.00 non-residents
- Registration Deadline:** January 20

This class is suitable as an introduction to yoga and as a continuing gentle practice.

Section 4: YOGA: Strengthen, Relax, Renew

- Dates:** Thursdays, beginning January 26 for 9 sessions
No class February 23
- Time:** 7:30 - 9:00 PM
- Location:** Recreation Conference Room
- Fee:** \$115.00 Village residents \$140.00 non-residents
- Registration Deadline:** January 20

This yoga class is designed for students with some yoga experience.

Instructor: Andrea Naitove - Journey Yoga Instructor/ Yoga Alliance

ADULT INDOOR SOCCER

Act.# 2012 Sec. 1

Dates: Wednesdays, beginning January 11
No class February 22

Time: 8:00 - 9:30 PM

Location: PVC Old Gymnasium

Fee: \$50.00 Village residents for 9 sessions
\$60.00 non-residents



Registration Deadline: January 6

Take part in the fast-paced action of indoor soccer. This program is great for staying fit during the winter months. Come join the fun!

OPEN GYM - BASKETBALL

Act.# 2011 Sec. 2

Dates: Tuesdays, beginning January 10
No class February 21

Time: 8:00 - 9:30 PM

Location: PVC New Gymnasium

Fee: \$50.00 Village residents for 9 sessions
\$60.00 non-residents

Ages: 30 years and over



Registration Deadline: January 6

This program is open to those 30 years of age and older. Pick-up basketball will take place in a fun and friendly environment.

CO-ED VOLLEYBALL

Act.# 2010 Sec. 1

Dates: Fridays, beginning January 13
No class February 24

Time: 7:30 - 9:00 PM

Location: PVC Old Gymnasium

Fee: \$50.00 Village residents for 8 sessions
\$60.00 non-residents



Registration Deadline: January 6

Come out and have a good time! This program is a great way to have some fun and stay fit and healthy.

SENIOR ACTIVITIES

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The Senior Recreation Program provides an environment for continued learning, social interaction, and enjoyment through a variety of classes, one day courses, special events and trips. Programs are open to all Village and School District residents ages 60 and older. If space permits, non-residents may apply at a slightly higher fee.

CROTON SENIOR CLUB

The Croton Seniors gather for weekly meetings on Fridays at 11:00 AM at the Municipal Building Community Room. Membership is available to all residents of the Village and School District ages 60 and older. If you would like to receive a membership packet, please contact Valerie Nolan, Director of Senior Recreation, at 271-5804. If the Croton-Harmon Schools are closed due to inclement weather, all senior programs are canceled.

TRIPS and TRAVEL

Jacob Burns Film Center - Lunch, Shop & Movie Matinee
Wednesday, January 25

Mohegan Sun Casino
Wednesday, February 29



WINTER FOOD SERIES

Act.# 2133 Sec. I

- Dates:** March 7, 14, 21, 28
- Time:** 1:00 – 2:30 PM
- Location:** Municipal Building Community Room
- Fee:** \$55.00 Village residents for 4 session series
\$66.00 non-residents



Registration Deadline: March 1

Session 1: “Chocolate Extravaganza”

Create your own chocolate masterpieces! Learn how to mold, dip, drizzle, and decorate your favorite chocolate treats to take home.

Session 2 “The Art of Wine”

Taste, identify and enjoy different wines with a wine expert! Come explore the wine making process and sample different wines.

Session 3: “Tea Time”

Learn about the origin, culture and medicinal history of plants used in different herbal teas! Create your own unique tea blends.

Session 4: Food Film “Julie & Julia”

Join us for this “food” movie and enjoy popcorn and beverages.

**VICTORIAN ERA TOPIARY
WORKSHOP**

Act.# 2134 Sec. I

- Date:** Monday, February 13
- Time:** 10:00 – 11:00 AM
- Location:** Municipal Building Community Room
- Fee:** \$20.00 Village residents
\$25.00 non-residents



Registration Deadline: February 10

Instructor: Katherine Brechner - Lasting Nature

Topiary is the art and practice of clipping and training plants to grow into a desired shape. Celebrate Valentine’s Day by making your own valentine topiary with English ivy - the perfect gift for a friend or loved one!

HOT TOPICS IN THE NEWS

Act.# 2125 Sec. 2

Dates: Thursdays, beginning February 2
Time: 10:00 AM – 12:00 PM
Location: Recreation Conference Room
Fee: \$35.00 Village residents for 6 sessions
\$42.00 non-residents



Registration Deadline: January 30

Instructor: Vincent Bonelli, PhD Fordham University

Join us for lively discussions about today's news headlines! Gain awareness of the news, while analyzing the past. Learn to separate opinion from fact, to problem solve, reason and reach insights based on current events and topics.

CHAIRYOGA

Act.# 2110 Sec. 3

Dates: Mondays, beginning January 23
No class February 20
Time: 11:30 AM - 12:30 PM
Location: Recreation Conference Room
Fee: \$70.00 Village residents for 9 sessions
\$85.00 non-residents

Registration Deadline: January 20

Instructor: Andrea Naitove

Chair yoga incorporates all aspects of yoga, such as meditation, breathing, asanas and relaxation. In this class, participants do not get down on the floor. Yoga leaves you feeling relaxed, renewed and with a more joyful outlook. Participants should wear comfortable clothing. Andrea is a certified Kripalu Yoga instructor at the 500 hour level.

PLEASE NOTE:

ALWAYS CHECK WITH YOUR PHYSICIAN BEFORE ENROLLING IN ANY PHYSICAL ACTIVITY PROGRAM.

DISCOVER DECOUPAGE

Act.# 2132 Sec.1

- Dates:** February 1, 8, 15
Time: 10:30 AM – 12:00 PM
Location: Municipal Building Community Room
Fee: \$30.00 Village residents for 3 sessions
\$40.00 non-residents



Decoupage is the creative art of assembling and pasting cut-outs for decorating objects. If you can cut and paste, you already know most of the techniques involved. During this workshop we will explore color and pattern to create three different keepsake projects. All supplies will be provided.

PAINTING WITH WATERCOLORS **Act.# 2100 Sec.2**

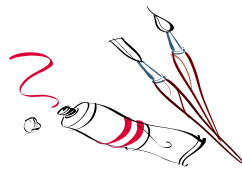
- Dates:** Mondays, beginning January 23
No class February 20
Time: 1:30 – 3:30 PM
Location: Municipal Building Community Room
Fee: \$70.00 Village residents for 8 sessions
\$85.00 non-residents

Registration Deadline: January 18

Materials: A materials list will be available upon registration; participants need to purchase their own supplies.

Instructor: Jeanne Demotses

The course will cover basic watercolor techniques and offer students the opportunity to draw and paint from still life, as well as from photographic sources. It will cover drawing skills, observational skills and proper handling of material, as well as provide a creative atmosphere in which to work.



FREE BLOOD PRESSURE SCREENINGS

A nurse from Dominican Sisters Family Health Service is available for free blood pressure screenings, education, supervision and follow-up:

Dates: First Friday of each month thru May

Time: 11:00 AM - 12:00 Noon

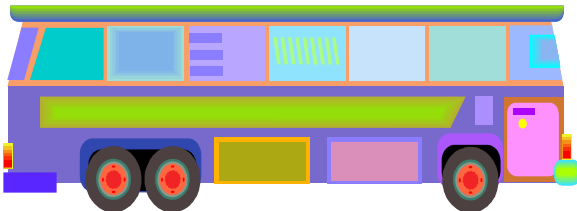
Location: Municipal Building Community Room

JEFFERSON VALLEY MALL SHOPPING

On the second Thursday of each month, a shopping trip to the Jefferson Valley Mall is open to all Croton Seniors. The dates for Winter 2012 are: **January 12, February 9, March 8**. The bus leaves the Municipal Building at 9:30 AM and returns at approximately 1:30 PM. To register, please contact Valerie Nolan at 271-5804.

LOCAL SHOPPING BUS

A shopping bus is available twice per week, Mondays and Wednesdays, for seniors who need to go grocery shopping. The bus takes residents to ShopRite, the bank or the post office. To register, please contact Valerie Nolan at 271-5804.



SPECIAL EVENTS

BUILD-A-SNOWMAN CONTEST

Have your family build a snowman anytime this winter; take a picture of the snowman and its builder and mail a 4" x 6" photo to the Croton Recreation Department by **Friday, March 16th**. Categories are a) "Typical Snowman" b) "Snow Sculpture" (animal, etc.). Please be sure to include your name, address and phone number on the back of your photo. Prizes will be awarded for both categories. Photos will not be returned.



SPRING WINDOW DECORATING

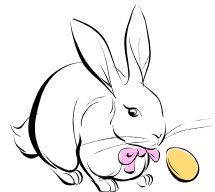
Have fun decorating Village windows for spring! Participants may begin painting windows **April 2** and must be completed by **April 6**. The Recreation Department will assign windows. Watch for flyers for more information. This is not a contest but a fun event for the whole family!



LUNCH WITH THE BUNNY

Act.# 1320 Sec. 1

Date: Saturday, March 31
Time: 12:00 PM
Location: Municipal Building Community Room
Fee: \$10.00 Village residents per family
\$12.00 non-residents per family



Registration Deadline: March 26

All Village and School District children are invited to have lunch with the spring bunny. Space is limited; you must be pre-registered.

**Village of Croton-on-Hudson
Recreation Department
Mail-in Registration Form/Release Form**

Please print and use a separate form for each person. When mailing a form, please send separate checks for each program. All information must be completed or registration will not be accepted.

Participant's Name _____ Date of Birth _____ Grade _____

Address _____

Parent's Name _____
(if under 18)
Home Phone _____ Work Phone _____

Emergency Name & Phone _____

Activity #	Section #	Program	Day	Fee
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-----	-----	-----	-----	-----
-----	-----	-----	-----	-----

Total Due _____

I am enrolling myself/my child in programs offered by the Croton Recreation Department/Village of Croton-on-Hudson. In so doing, I hereby waive, release and discharge the Village of Croton-on-Hudson, its employees and agents from any liability for injury to person or property that may arise from my/my child participating in these programs. I hereby also state that I will have health insurance for myself/my child in effect during the time I am engaging in any activities offered by the Croton Recreation Department, its agents or employees. I agree to indemnify and hold harmless the Village of Croton-on-Hudson for any damages or injuries resulting from my or my child's intentional or negligent conduct.

Participant's Signature (parent or guardian if under 18) _____ Date _____

Registration may be done using this "Mail-in Registration Form." Please be sure to complete all information, sign and enclose check(s) for the proper amount made payable to: **"Village of Croton" and mail to Municipal Building, One Van Wyck Street, Croton-on-Hudson, NY 10520.**

Croton Recreation Department
Stanley H. Kellerhouse Municipal Building
One Van Wyck Street
Croton-on-Hudson, New York 10520

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